



# "Raising the Steaks"

#ImagineEquity  
Activity Page

## Hello, and welcome to *The Imagine Neighborhood*™ podcast!

Our award-winning podcast helps kids learn social-emotional skills like building friendships, practicing patience, and finding calm. Our show takes place in a special, magical neighborhood where it sometimes rains rubber chickens or you have to hop on rocks to cross Lava Avenue. The Imagine Neighborhood lives inside everyone's imagination, and every week, we tell stories about the fun things that happen here.

### Talking About Race and Identity with Your Kids

In *The Imagine Neighborhood* podcast, we strive to create a world where everyone is treated fairly. But it's important to remember that a fair and equitable world is one that requires effort, focus, and conversation. Kids begin to notice racial differences and internalize biases before they're even five years old.<sup>1</sup> You can help equip your kids for these kinds of conversations by encouraging questions and by finding shows, books, and podcasts with diverse representation.

### About "Raising the Steaks"

The team at *The Imagine Neighborhood* podcast partnered with multiple esteemed researchers in the field of positive racial identity development to create a six-part series titled *Imagine Equity: Six New Stories About Race, Identity, and Making Things Right*. In this episode, "Raising the Steaks," we continue our story from the previous episode, "Doc Apoc Has a Beef." When we last left our heroes, Scotty and Doc were on a mission to stop discrimination at Big Bot Burger. The robots at Big Bot still won't let anyone from the Wasteland into their restaurants. Even the intervention of Macho Supreme, Princess Donnasaurus, and Alakazambra Tyesha Morganis isn't helping. In fact, the injustice is growing. It's going to take the whole Imagine Neighborhood team using their voices, their friendships, their art, and their wisdom to make things right.

## Help Your Kids #ImagineEquity

In this week's episode, we talk about what it means to be an activist. There are lots of ways to support causes that are important to you. Even if you've talked to your kids about injustice before, it's always a good idea to discuss what's important to you and make a plan for how you'll take action. What can you do as a classroom or as a family to help end injustice? How can you make the world a kinder place?

Ask your kids to create a list of things they can use to help end injustice. It could include skills like art or music, or spaces like a big park or playground where people can gather. Next to that list, ask them to write ideas for how they can use these things to stand up for justice.

### More Discussion Questions

**Question 1** Discrimination happens when someone is told they can't do or have something because of a part of their identity. Discrimination is unfair and wrong, and learning about it can be difficult. What can you do if discrimination and injustice make you upset?

**Answer** Learning about injustice might make you angry, upset, or sad. It's okay to feel those things and to talk about them with your grown-up. A great way to help is to take those feelings and use them to power you up to become an activist, so that you can make things right and get some justice.

**Question 2** Kids and grown-ups can all be activists to help make things right. What are some ways you can become an activist and stand up against injustice?

**Answer** Whatever you have to share, and whatever makes you special, can be useful in ending discrimination and injustice. You can use your voice and your talents to make songs or art that can make people aware of something unfair. You can use spaces in your home or community as a place for activism. And you can use your wisdom and your friendships to make plans.

### Additional Resources

[P.R.I.D.E.](#): Positive Racial Identity Development in Early Education (University of Pittsburgh)

[The Imagine Equity series](#): *The Imagine Neighborhood*™ podcast

[Art and Activism series](#): Learning for Justice

1 Sullivan, J., Wilton, L., & Apfelbaum, E. P. (2021). Adults delay conversations about race because they underestimate children's processing of race. *Journal of Experimental Psychology: General*, 150(2), 395–400. <https://doi.org/10.1037/xge0000851>